

HUMANKIND

In times of fast-paced change and challenge, how do we hold onto our humanity?

A series for public radio

OUR MISSION

Human Media, producer of the **Humankind** public radio series, aims to serve the growing audience of people who seek a positive alternative to media negativity and exploitation. We attempt to shed light on solutions, not just problems. And we strive to nurture curiosity that is enriched by wisdom, to address — and call forth — the highest part of people. The purpose is to help build a more cohesive sense of community for us all.

Most programs in the Human Media archive have been produced in association with WGBH/Boston and heard on NPR stations around the United States, as well as the NPR channel of SiriusXM. Selected episodes have also been broadcast on the BBC (Britain), CBC (Canada) and ABC (Australia). Our nonprofit partner is Documentary Educational Resources.





DAVID FREUDBERG

is long-time host of the **Humankind** public radio series
and other audio productions in the
Human Media collection. The
following highlights offer a **Portfolio of Ideas and Inspiration**.







The world-famous athlete discussed his social and spiritual beliefs in this wideranging conversation with David, recorded at Ali's office in Los Angeles.



JANET CONNORS

Shaken to the core when her 19-year-old son was murdered during a home invasion in Boston, Janet decided to reject paralyzing depression and bitterness, and works instead for restorative justice.



BENJAMIN FERENCZ

The last surviving prosecutor from the Nuremberg trials following WW2, Ben's vision of peace emphasizes safeguarding human rights. Recorded at the United Nations as well as his home.



MATTIE STEPANEK

A child prodigy who used a wheelchair, Mattie wrote two NY Times best-selling books of poetry prior to his death at age 13 from complications of muscular dystrophy. Wise beyond his years, Mattie radiated positive energy.







The former First Lady
described how she overcame
addiction, as part of our 12part documentary series,
Thinking about Drinking.
Recorded at the Fords' home
in Vail, Colorado.



CONGRESSMAN JOHN LEWIS

The civil rights icon showed
David the spot in front of the
Lincoln Memorial where he
addressed the March on
Washington in 1963, the
same day M.L. King gave his
famous oration. Taped at
Lewis' office in the Capitol.



THE DALAI LAMA

The beloved spiritual leader, who fled his native Tibet when Chinese troops invaded, offers a prescription for a happy life, in this exchange with David recorded at Harvard.



WALTER CRONKITE

The legendary journalist, interviewed at CBS in New York, was a witness to history and describes the importance of international institutions in our documentary, In Search of Global Justice.







Noah Solomon, a grocery store manager, reads aloud to his daughter Anabel at their home in Watertown, Mass., for our series on literacy, Libraries Reimagined.



JON DUVALL

A researcher in assistive technology at the University of Pittsburgh, Jon gives an overview of new devices that aid people living with disabilities.



ALLY EVELYN-GUSTAVE

Based at Johns Hopkins
University in Baltimore,
Ally explains the skill set
that occupational therapists
bring to safeguarding older
adults living at home in
Aging in Community.



BAWA MUHAIYADDEEN

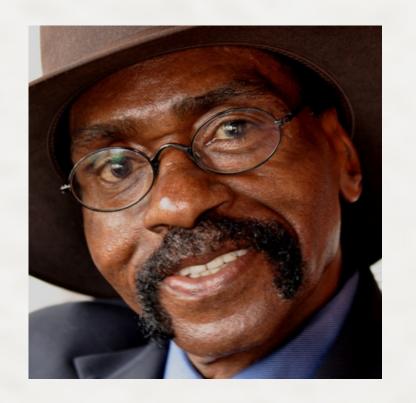
A luminous Sufi master from Sri Lanka reveals his heartfelt teaching based on equality, compassion and wisdom, which drew spiritual seekers from all religions.







Her efforts through the
Lionheart Foundation help
people who are
incarcerated as well as
youth-at-risk to cultivate
social and emotional skills
toward developing a
productive and meaningful
life.



RUBIN 'HURRICANE' CARTER

The professional boxer was falsely accused of multiple murders but, after 19 years in jail, was exonerated by a federal judge. Both are heard in our documentary, *Rubin Carter's Hurricane*, along with Bob Dylan's song about the case.



THICH NHAT HAHN

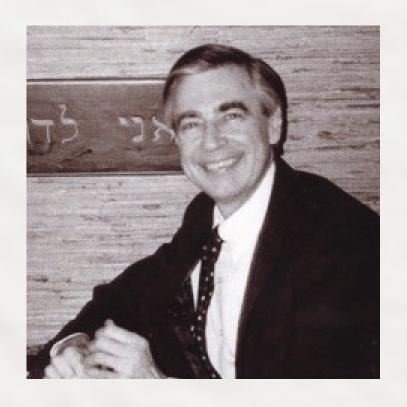
From a monastery he founded in Vermont, the soft-spoken Vietnamese monk advocated deep listening, compassion and loving speech as the means of cooling the fires of global conflict.



KATHLEEN DICHIARA

A New Jersey 'housewife'
became sorely troubled by
the amount of hunger in her
suburb and went on to
establish a food bank, which
has distributed millions of
meals.







His Neighborhood has entranced generations of young public TV viewers. And in this episode of *Kindred Spirits*, he explains how difficult emotions can be managed -- and highlights a child's need for quiet time.



TALMAGE 'RED DOG' CORE

After being released from a Florida prison, he became an activist, as heard in our documentary *The Right to*Vote, which explores the perennial question: Who may participate in American democracy?



FRANCES MOORE LAPPE

The author of *Diet for a Small Planet*, she has spent decades raising awareness about the foods we eat, the earth on which they're grown, and the need for democracy to reform a system where millions are food insecure.



BERNARD LOWN

The Nobel Peace Prizewinner and Harvard medical professor recounts how physicians on both sides of the Cold War collaborated to reduce the existential threat posed by nuclear weaponry.







The physician was interviewed on his houseboat in Sausalito, California. He describes the practice of "integrative medicine", which attends to a patient's mind, body and spirit, in our series, The Search for Well-Being.



DOROTHY DAY

We profile the extraordinary life of a 20th century journalist and activist whose newspaper, *The Catholic Worker* led a movement to feed and house people in the Great Depression.



DANIEL SPIRO (L) and HAYTHAM YOUNIS

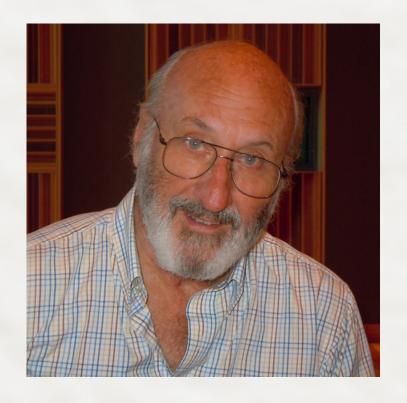
The co-leaders of the Jewish-Islamic Dialogue Society, based in Washington, DC, promote spirited discussions and find commonality in *Listening to the Other Side*.



JOHN ROBBINS

The best-selling author and nutrition activist tells how his family was rocked when the fraudster Bernie Madoff swindled them out of a fortune -- and how that led to a deep reassessment of life priorities.







The singer-songwriter was part of the popular folk ensemble Peter, Paul and Mary. An activist based in Maine, he performed original songs of peace and justice for our series, *The Power of Nonviolence*.



TAJAE GAYNOR

Raised in the Bronx, he became committed to working in conflict resolution, after a close friend died in his arms from a stab wound following a meaningless conflict.



CHRYSTAL PRESLEY

The story of a Georgia
woman whose father was
drafted to Vietnam at age 18.
He returned with severe
PTSD, damaging the entire
family. Father and daughter
later reconnected through
healing conversations.



DAVID ALLEN

His system known as *Getting Things Done* has attracted
millions who experience the
modern condition of
"overwhelm". How can we
clear our heads from the
flood of inputs bombarding
us through technology?



Special Thanks



ANTONIO OLIART ROS

The winner of multiple
Grammy Awards for audio
engineering, he has recorded
dozens of **Humankind**documentaries at
WGBH/Boston.



LISA MULLINS

The popular public radio journalist and long-time anchor of *The World*, and at WBUR/Boston, Lisa has reported for our programs and is an editorial consultant.



STEVE COLBY

The veteran audio engineer for the Boston Pops and Boston Symphony Orchestra, Steve mixed many Human Media productions and designed our studio.



In Gratitude

We acknowledge the contributions of many coworkers and associates, whose help has been truly invaluable:

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